



Sufi Order Baltimore presents

Ziraat Retreat

An Emerald Earth



With

Kainat Norton Smith & Muinuddin Smith

Saturday, June 2, 2018

10:00am – 5:00pm

\$70 (includes lunch with vegetarian, vegan, and gluten free items)

Ruscombe Mansion, Baltimore, Maryland

Ziraat was inaugurated in 1926 by Sufi master Hazrat Inayat Khan of India, who taught in the United States and Europe in the early 1920's. Inayat Khan introduced the inner life to many westerners and spoke of spiritual liberty and the underlying unity of all the world's spiritual traditions. Ziraat uses the symbols and dynamic processes of agriculture as ways of describing the inner life, and as ways of finding a bridge between the spiritual and material worlds.

The day will include teachings from Hazrat Inayat Khan, explanation of the symbology of Ziraat, concentrations on the elements, nature meditations, spiritual dance, and lessons and exercises in mental purification.

Kainat Norton Smith and Muinuddin Smith are long time students within the Sufi and Buddhist traditions and co-founders of The Light of Guidance Center for Sufi Studies in NYC. Kainat is the international head of the Ziraat concentration. As representatives, Cherags, and retreat guides of the Inayati Order, they have led retreats and meditation in the Sufi tradition for over thirty years.

Register by sending your contact information with a check for \$70 to Sufi Order Baltimore, 711 Hollen Road, Baltimore, MD 21212-2717. Contact Mumtaz Kammerer for more information about the retreat at mkammerer@jhmi.edu or 410-323-6883.

Visit www.ziraat.org for more information regarding Ziraat.